

RESEARCHERS Studying AGING at York:

Join us for the AGING RESEARCH COLLABORATORY session hosted by YU-CARE to hear about and engage with each other about interdisciplinary research methods and methodologies for conducting aging research at York!

Presentation Title:

“Research to practice: Implementation strategies to improve physical activity levels among residents of long-term care”

February 24, 2022 | 3:00pm-4:00pm

Online via Zoom

All are welcome!

[Please Register Here](#)

SPEAKER



Ariane Seguin is a Ph.D. Candidate in Kinesiology and Health Sciences under the supervision of Dr. Brad Meisner. Her research is grounded in principles of implementation science and aims to understand how to best apply evidence into practice. Specifically, her work explores how to increase levels of physical activity among institutionalized older adults.

Ariane is active within the gerontological research community acting as president of the Canadian Association on Gerontology Student Connection.